



AURIDIAN

Myers Briggs Type Indicator

OVERVIEW

This workshop will change the way you look at yourself and others by giving you an unparalleled understanding of why people are different. Based on Jungian theory, this personality profiling workshop will help you understand and appreciate your preference for taking in information, making decisions and orienting your life.

The information in this workshop will deepen self-awareness, reduce interpersonal conflict, and allow participants to build stronger relationships with friends, partners, customers and colleagues based on appreciation and respect.

OUTCOMES

- Understand the role of 'personality' and how it shapes your life.
- Understand the source of your energy and how to increase it.
- Understand your own decision making process.
- Develop a genuine appreciation for differences in others.

EXCELLENT FOR

- Team bonding.
- Personal development and self awareness.
- Creating greater acceptance and more considerate attitudes towards others.